



Exams: Preparing for Success

Land acknowledgment

McGill is located on the unceded Indigenous lands of the Kanien'kehá:ka Nation, known as Tiohtiá:ke/Montreal. The Kanien'kehá:ka, are one of the nations that make up the Haudenosaunee Confederacy on Turtle Island/North America. Our goal is to promote learning and generate allyship with local Indigenous communities, by honouring and respecting the many nations removed from, as well as those still connected to this land. Throughout the workshop we encourage you to consider how various learning strategies influence your understanding of yourself and your role in relation to the content under study. If a land acknowledgment is new to you, we encourage you to learn more through resources like [Native Land](#), McGill Indigenous Initiatives' [The Land and Peoples](#), and [Indigenous Education Resources](#).

Session description and outcomes

This one-hour workshop will introduce you to strategies to help you study as well as some information on self-care and wellness. No matter where you are in your a 0 uv5-1.06w.uryou: (p)-1 n92tneyhn Td(No66i23a7/H)-2.18mey8 (es l)4 (iT



Resources

Register for [SKILLS21](#), McGill's workshop-based skills development program for undergraduate students.
Consult the [learning resources](#)