



To give the committee context and an understanding of Student Services, Martine gave a brief description of the 8 different units that make up Student Services and an update on the Student Wellness Hub.

Lost Connections by Johann Hari is a book that was frequently referenced due to its discussion of society and the lost connections between people and this relation to wellness.

Issues arising from last year

Overview of CSS contribution to Student Services strategic planning

Topics of interest/concern to CSS members and their constituencies. Members discussed tackling the academic workload as a source of stress.

Future CSS meetings for the fall semester will have a particular focus on Student Services and the vision for Student Services come 3 years as the unit undergoes their Strategic Planning process.

The student members of the committee chose this year's student co-chair to be Ffion Hughes.