

Consent is an **affirmative** decision to engage in **mutually** agreed upon activity and is given by **clear words** and/or **actions**. It is an **active process**.

# Ask. Listen. Respect.

## Substances, Medication and Consent:

Many people engage in sexual activity when they have used alcohol and/or drugs. These substances and certain medications can change the way a person makes decisions and will affect their ability to **ASK, LISTEN and RESPECT**. A person is still responsible for gaining consent, even when intoxicated. Sex without consent is sexual assault.

It is the responsibility of anyone initiating an action to gain the consent of the other(s) involved before moving forward (even when substances have been used).

## Non-Verbal Cues:

Generally known as body language this includes facial expressions, gestures, posture and body movements.

If a person is verbally saying "Yes," but their body language is indicating "No," or discomfort, it is imperative to **STOP** and **CHECK IN** with them.

## Consent is more than just a "Yes" or "No"



YES



NO

### verbal

- |   |  |  |
|---|--|--|
| <ul style="list-style-type: none"><li>• "Yes! Keep going"</li><li>• "I like that"</li><li>• "That feels good"</li><li>• "I want to keep going"</li><li>• "That sounds good"</li></ul> |  | <ul style="list-style-type: none"><li>• "I'm not ready"</li><li>• "I'm tired"</li><li>• "It's too late"</li><li>• "I have work to do"</li><li>• "I'm not sure"</li></ul> |
|---|--|--|

### nonverbal

- Leaning closer
- 



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