	Freshman Seminar 2 (0.5)		
U1Fall (Term1)	13creditsRequired	Prerequisites	Corequisites
FDSC 200			

*Choose one Concentration; All concentrations have 6 required credits and 6 complementary credits unique to *No course may be counted more than once.

GRADE	SPORTS NUTRITION	*		GRADE	Metabolism, Health and Disease
	EDKP 395 Exercise Physiology (3) F				NUTR 507 Advanced Human Biochem (St)//
	NUTR 503 Nutrition and Exercise (3) W				NUTR 537 Advanced Human MetalFolisn
	At least 6 credits from the following courses:				At least 6 credits from the following courses
	ANAT 214 Systemic Human Anatomy (3)				ANAT 214 Systemic Human Anatomy (3)
	EDKP 261 Motor Development (3)				ANAT 261 Intro to Dynamic Histology (3)
	EDKP 330 Physical Activity and Health (3)				ANAT 262 Intro Molecular and Cell Biology (3)
	EDKP 445 Exercise Metabolism (3)				ANAT322 Neuroendocrinology (3)
•	EDKP 446 Physical Activity and Ageing (3)		="	•	3 TOTBT /T