



LET'S ALL  
LEND A  
HAND

## SURVIVING EVERYDAY LIFE

In her two and a half in Greenfield Park, Marie is coping with flooding, a hostile landlord and suicidal thoughts. When she suffered a stroke at the age of 41, her life was shattered and she lost everything: her business, her spouse and her income. Today, she spends over 60% of her budget on rent. There is almost nothing left for her basic needs. Fortunately, the **Association coopérative d'économie familiale (ACEF) Rive-Sud** helps her manage her budget and advocate for her rights.