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## Preparing for Your Appointment

If you are thinking about making an appointment with a CaPS Career Advisor, or if you already have one scheduled, here are some tips to be better prepared so you can make the most of your meeting.

### Preparing for a Career Exploration Appointment with a Career Advisor:

1. Check out our helpful What can I do with my studies tool: <https://www.mcgill.ca/caps/discipline>
2. Sign up for LinkedIn and Networking online courses to start generating ideas and exploring different paths, or check out our handy Networking while social distancing tool: [https://www.mcgill.ca/caps/files/caps/guide\\_networking\\_physical\\_distancing.pdf](https://www.mcgill.ca/caps/files/caps/guide_networking_physical_distancing.pdf)
3. Explore our fun and informative

